

In Association with



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AYUSHCON-2023

Presents



A TWO DAY INTENSIVE WORKSHOP ON *Work Life Balance* THROUGH HOLISTIC HEALTH

Theme:

आहार एव औषधम्
FOOD FOR REJUVENATION

20th - 21st July, 2023

India International Centre, New Delhi

Leadership



Shri Sarbananda Sonowal
Union Cabinet Minister.
Ministry of Ports, Shipping and Waterways &
Ministry of Ayush, Govt. of India

Mentor



Dr. Ashok Kumar Varshney
National Organising Secretary
Arogya Bharti



शरीरमाद्यं खलु धर्मसाधनम्

This body is surely the foremost instrument of doing good deeds.

OUR MISSION

Healthy Body, Peaceful Mind, Awakened Soul

Holistic medicine is a form of healing that considers the whole person body, mind, spirit, and emotions in the quest for optimal health and wellness. In this way, if people have imbalances (physical, emotional, or spiritual) in their lives, it can negatively affect their overall health. To promote a drug-free holistic approach to healthcare, so that people can be restored to their optimal health. The idea of healing may feel big and perhaps out of reach, but it's what our body was designed to do. Our body was made to be efficient, repair itself and eliminate the causes of pain and disease naturally. With all the conflicting information out there, it is easy to feel stuck, defeated or lost when it comes to finding and committing to a lifestyle and a healthcare journey that feels right.

समदोषः समान्निश्च समधातुमलक्रियः
प्रसन्नात्मेन्द्रियमनाः स्वस्थ इत्यभिधीयते

Sushruta Sutra

An individual that maintains a balanced state of the main elements of the body, adequate digestion, proper excretion blissful condition of soul, satisfied senses and a happy state of mind is called a swasthya or healthy person.

CONTENTS

- How to Live 100 Years and Retain Youth, Health & Beauty
- The future of healthcare ...
- Wellness in the 8 Dimensions
- Bypass surgery & Angioplasty is not for patients but for profit.
- Change your Breakfast change your life
- Protecting Your Organisation's most valuable asset
- True silence of Mind- Meditation
- Yogic Concepts of Holistic Health and Wellness
- Fasting without Starving
- Smart Health choice essentials. A formula great health "BE NATURAL".
- Yogic Concepts of Holistic Health and Wellness
- Happy Healing with Herbs: Super specialty home hospitals-Herbs & Plants that Heals, 100% Guarantee for Heart/BP & Diabetes



CALL FOR PAPER :

A Two Day AYUSHCON - 2023 and Expo on Holistic Health invites research papers from the best of brains across the world covering topics related to Medical/ Life Sciences/ Pharmaceutical/ Biotechnology/ Ayurveda, Unani & all fields related to wellness.

You are cordially invited to share your research findings in respective fields before an international audience. Submit scientific abstracts/papers. Submitted/selected scientific abstracts/papers will be published in Souvenir and Abstract book of Holistic Health.

Its time to make your mark as professional researcher!

Important Guidelines for Abstract and Paper Submission :

The submission should include:

1. Name of authors, their address or affiliation, e-mail & phone numbers should be clearly mentioned.
2. It should be typed in English on A-4 size paper using single space with one inch margin on each side. The text should be typed in 12 pt size using Times New Roman Font/unicode.
3. Text should be justified on both ends and start with a title followed by Author's details, Abstract, Keywords, main text, Reference and appendices.
4. Title should be descriptive and concise and should not exceed 50 characters. Abstract should not exceed 300 characters.
5. Main text of paper (without the author details) should be concise and total number of pages not exceeding eight including references, appendix, table and figures.
6. References should be cited in the text and should be listed in alphabetical order of the First author's surname.
7. E-mail the MS Word file of your manuscript to the Convener, AYUSHCON-2023 on email ID: ayushcondelhi@gmail.com
8. For more information and instructions, please refer - "Instructions to author" link of www.navjeevanayush.org

Best paper & best posters will be awarded in the upcoming event.

Dates to remember:

Abstract submission: **10th July, 2023**

Abstract acceptance confirmation: **12th July, 2023**

Full paper/PPT file submission: **15th July, 2023**

Poster Submission: **15th July, 2023**

The Summit: **20th - 21st July, 2023**

Why you should exhibit at the AYUSHCON - 2023

The Summit is an appropriate platform that guarantees results in the form of networking, enhancing customer and business interface, interaction with researchers, government agencies, nodal agencies and individuals from all walks of life will enable you with direct customer feedback from a wider audience.

As a supplier of a product or a service, you are aware about the importance of meeting and interacting with senior personnel or owners, who have the authority to take final purchasing decisions.

The Summit provides you an excellent opportunity to meet relevant people that are responsible for recommending products and services on behalf of their organizations and can help your business with an effective route to the market.

Whatever be the size or nature of your company, if your products and services are related to the health and wellness industry and adhere to the principle of 'Paradigms of Holistic Health', you should be exhibiting at the AYUSHCON-2023.

Exhibitor Registration

Stand Type Cost (in Indian (Rupees))

Raw Space INR 7,500 / sqm (min. 18 sqm) + GST

Sell Space INR 10,000 / sqm (min. 6 sqm) + GST

Who can Exhibit

- Bio-energy Producers / Services
- Bio-fertilizers Producers / Products
- Diagnostics & instrumentation
- Fitness Equipment & Products
- Cosmeceutical Producers / Products
- Bio-Pharmaceutical Producers / Products
- Academic / R&D institutions
- Ayurveda/ Yoga & Naturopathy / Siddha / Unani / Homeopathy
- Products & Medicines Manufacturer.
- Hospitals & Clinics.
- Institutes, Colleges and Universities
- Certification and Inspection Dept.
- Crops and Equipment Manufacturers.
- Ashrams & Associations.
- Slimming Centres & Diet Clinics
- Generic Medicine Manufacturer
- Medicinal Plants & Herbs Producers
- Spa / Wellness Centres / Resorts
- Spa / Wellness equipment & Products
- Organic and Herbal Cosmetics mfg.
- Organic Farming & Fertilizers
- Sports Equipments Manufacturer
- Health Foods & Supplements mfg.
- Organic Textiles and Garments mfg.
- Organic Food Producers
- Health Tourism, Insurance and Travel Agencies
- Slimming Centres & Diet Clinics

CONFERENCE SECRETARIAT



Mr. Shrikant

Co-ordinator, NAC-2022



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